

Recycle the following items:

PAPER, PLASTIC, METAL, AND GLASS CAN ALL BE MIXED TOGETHER

- PAPER**
- Newspapers & Inserts
 - Magazines
 - Mail & Catalogs
 - Paper Bags
 - Office Paper & Envelopes
 - File Folders
 - Wrapping Paper
 - Phone Books
 - Hard Cover Books
 - Paper Plates (clean)
 - Milk & Juice Cartons
 - Drink Boxes & Aseptic Containers
 - Cardboard Boxes
 - Cereal Boxes
 - Gift Boxes
 - Pizza Boxes

PLASTIC

- Water Bottles
- Milk Jugs
- Detergent Bottles
- All containers marked with a #1-#7 (except Styrofoam)
- Plastic Grocery/ Shopping Bags marked with #2 or #4

METAL

- Tin Cans
- Aerosol Cans (empty)
- Aluminum Cans/Foil
- Pots & Pans

GLASS

- All glass Bottles & Jars (all colors)

All containers should be empty

NOT INCLUDED IN SINGLE-SORT:

By law, they require special handing and disposal: **Hazardous waste** such as fuel, antifreeze, oil based paints and thinners, fertilizers, pesticides and other chemicals.

Universal waste such as thermostats, fluorescent bulbs, televisions, computers and batteries. These items may be brought to the Sanford transfer station.

For more information about Hazardous & Universal Waste call 324-9135

THE FOLLOWING ITEMS ARE NOT RECYCLABLE AT CURBSIDE:

- Batteries, alkaline
- Bubble-wrap
- Clothing & Shoes
- Diapers
- Envelopes that are plastic or Tvek[®]
- Food (but you can compost it!)
- Kitty Litter
- Knives
- Light Bulbs, incandescent (trash), compact fluorescent light bulbs (return to store)
- Needles & sharps
- Paper napkins
- Paper towels
- Plastic bags:
 - bread bags
 - frozen vegetable
 - snack/sandwich
 - trash bags
- Plastic wrap or film
- Potato chip bags
- Propane cylinders
- Ribbon & Bows
- Styrofoam[®] or polystyrene foam (even if marked #6)**
- Toys
- Trash/waste
- Vinyl (siding, bumper stickers, etc.)
- Waxed boxes & paper
- Wood

For more information go to www.ecomaine.org or call us at **773-1738**

Recycling Is Required In Sanford



RECYCLING SAVES:

- **MONEY**
Recycling in Maine saves 167 million gallons of gasoline every year.
- **ENERGY**
Recycling one glass bottle can light a 100 watt bulb for 4 hours
- **RESOURCES**
Recycling 1 ton of paper saves enough trees, water, oil and electricity to power an average home for 5 months
- **ENVIRONMENT**
Recycling paper instead of making it from new material generates 74% less air pollution and uses 50% less water.

