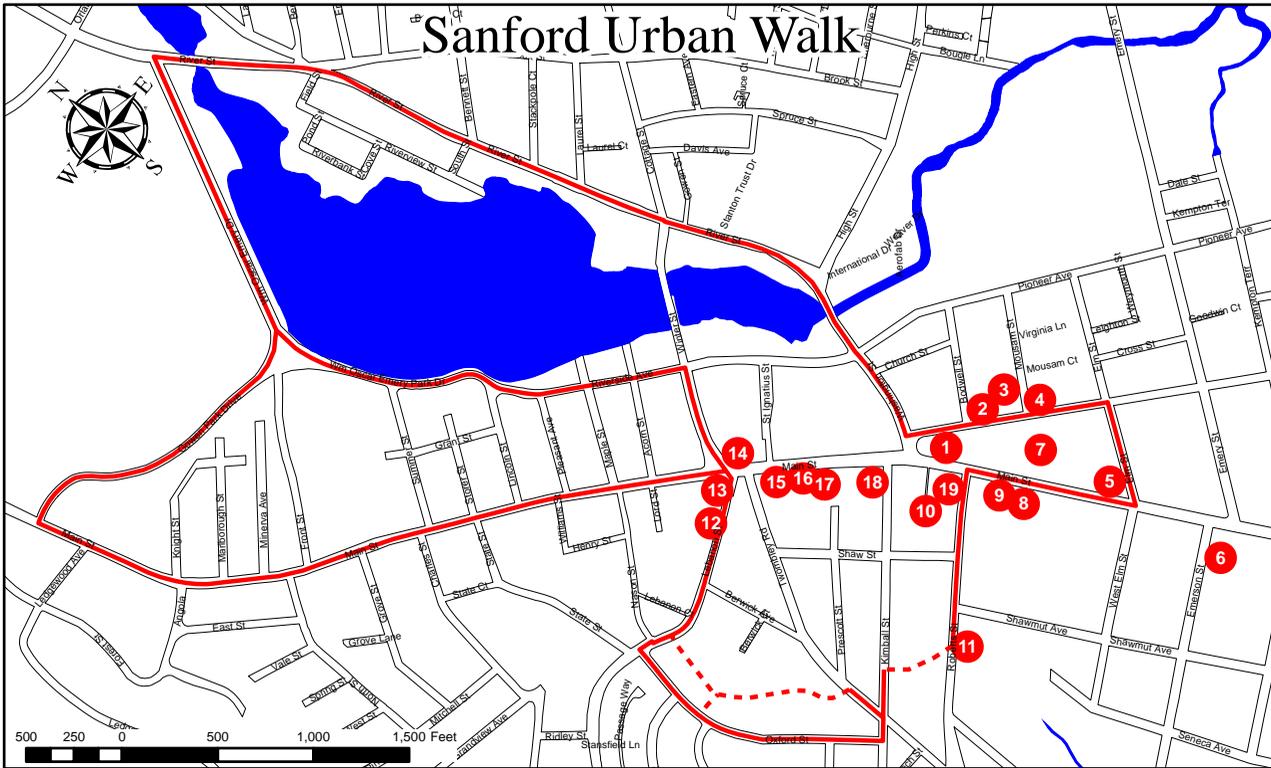


Sanford Urban Walk



Points of Interest Sanford/Springvale Urban Walk

Sanford

- 1 Site of the Hosea Willard Home 1934
- 2 Site of Sanford's First Library 1879-80
- 3 Site of Longfellow School 1888
- 4 Sanford Post Office 1933
- 5 Louis B. Goodall Memorial Library 1937
- 6 Emerson School 1902
- 7 The Goodall Mansion 1871
- 8 Site of Louis B. Goodall Mansion 1898
- 9 Site of Hotel Sanford 1888
- 10 Orrin Roberts Blacksmith Shop 1877
- 11 Goodall Park 1915
- 12 The Emery Homestead 1830
- 13 Unitarian Church 1918
- 14 Leavitt Theatre/Capitol Theatre 1910
- 15 Site of Shapleigh Tavern 1827-28
- 16 The Dr. John Dow House 1824
- 17 North Parish Congregational Church 1879
- 18 First Baptist Church 1889
- 19 Sanford Town Hall 1908

Springvale

- 1 Site of Springvale Planning & Shingle Mill
- 2 Site of Sears-Roebuck Shoe Factory
- 3 Site of Springvale Print Works
- 4 Site of Gowen Theatre
- 5 Factory Houses of Spvl Print Works
- 6 Hamlin School
- 7 Old Town Hall
- 8 Gen. William Frost House
- 9 Site of Portland and Rochester House
- 10 Site of Spvl Print Works Factory Store
- 11 Site of Butler Block
- 12 Site of Dirigo Block
- 13 Site of Hotel Brown
- 14 Nason Institute
- 15 Oldest Buildings in Springvale Village
- 16 Springvale Public Library
- 17 Shoe Factory
- 18 Site of Maine Alpaca Mill
- 19 Site of Lincoln School

Sanford Trails

Sanford ~ Springvale Maine



Three trail systems through the heart of Sanford and Springvale

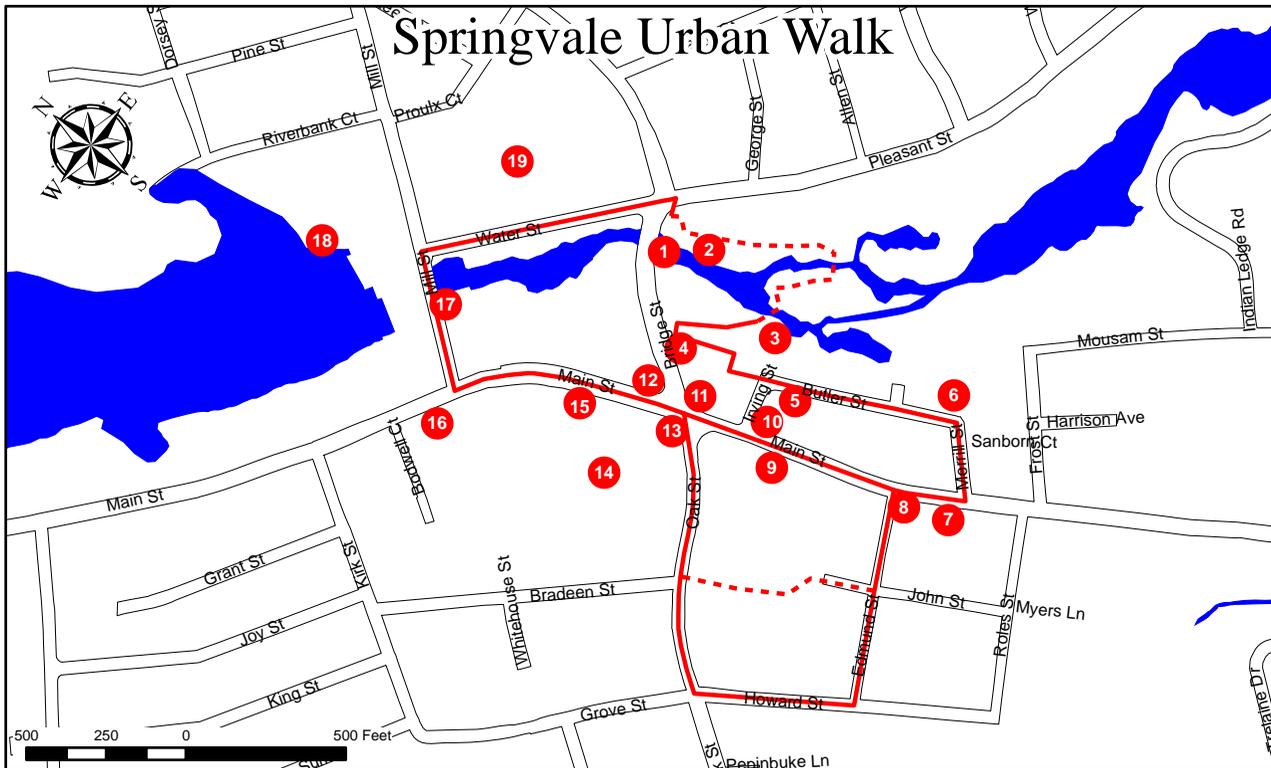
The Mousam Way trail is a pathway that goes from woodlands to streets to parkland and back again through the heart of Sanford and Springvale. It follows the general course of the Mousam River through town. Motorized vehicles are prohibited from using the Mousam Way Trails System.

Urban Walks are pedestrian routes along the streets of Sanford and Springvale. Historical points of interest are marked along the way with signs explaining the history of each site.

The Rail Trail is a multi-use trail built on the old rail bed that passed through Sanford and Springvale. It is used by hikers, bicyclists, walker, joggers, cross country skiers, and horses. Responsible use of both ATV's and Snowmobiles is allowed on the Rail Trail. Street vehicles are prohibited on all Sanford Trails.

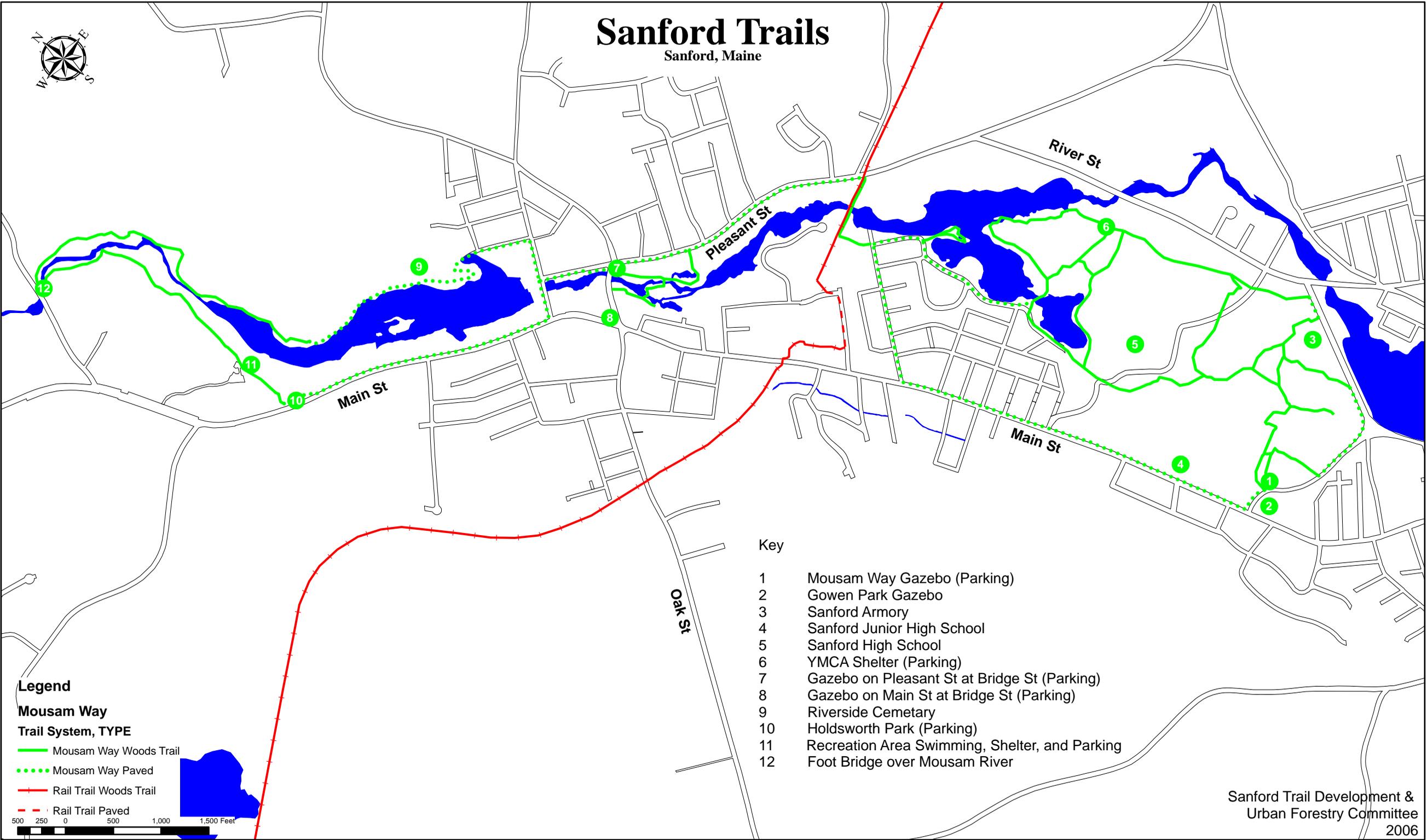
**Sanford Trails & Urban Forestry
Committee - 2006**

Springvale Urban Walk



Sanford Trails

Sanford, Maine



Legend

Mousam Way Trail System, TYPE

-  Mousam Way Woods Trail
-  Mousam Way Paved
-  Rail Trail Woods Trail
-  Rail Trail Paved

500 250 0 500 1,000 1,500 Feet

Key

- 1 Mousam Way Gazebo (Parking)
- 2 Gowen Park Gazebo
- 3 Sanford Armory
- 4 Sanford Junior High School
- 5 Sanford High School
- 6 YMCA Shelter (Parking)
- 7 Gazebo on Pleasant St at Bridge St (Parking)
- 8 Gazebo on Main St at Bridge St (Parking)
- 9 Riverside Cemetary
- 10 Holdsworth Park (Parking)
- 11 Recreation Area Swimming, Shelter, and Parking
- 12 Foot Bridge over Mousam River

Sanford Trail Development &
Urban Forestry Committee

2006