



# “Places to Play” in Sanford/Springvale

Find a place to play in Sanford/Springvale at one of the Parks, Trails or Ponds and enjoy the outdoors!!

Gowen Park (Gazebo + Picnic Pavilion)	Next to Jr. High 730 Main St.	Sledding Hill, Trails, Pickleball Picnic, Weddings, Tennis
Carpentier Park	78 High Street, Sanford	Playground Area, Pickleball, Softball
Benton Park/ Goodall Baseball Park*	27 Roberts Street, Sanford	Playground Area, Basketball, Baseball
Springvale Park	8 Dirt Rd, Springvale	Playground Area, Tennis, Mini Skate Park
Sanford Skateboard Park	Next to the YMCA 1 Emile Lavasseur Dr	Skate Park for all ages
Springvale Rec. Area/ Holdsworth Park + Picnic Pavilion	Rt. 109, Springvale	Trails for walking, Beach, Horseshoes, Fishing, Volleyball, Picnic, Swim
#1 Pond**	8 William Oscar Emery Dr	Trails for walking, Fishing, Picnic, Ice Skating
Sanford Trails/Rail Trail throughout San./Spr. Trail Maps available at the City Hall, 919 Main St.		Urban Walks, ATVs Biking, Skiing, Horses
Airport Ball Fields	1 Kostis Ln	Baseball, Kickball
Veterans Park	29 Witham St.	Soccer, football, softball, Lacrosse
Sanford Dog Park	148 WilliamOscar Emery Dr.	Fenced in area for Dogs

For more info please contact Sanford Parks and Recreation Department 324-9130 or go to our website [www.sanfordmaine.org](http://www.sanfordmaine.org) click city depts., click parks and rec



\*Site of Varsity Baseball Games and Mainers Games  
\*\* Site of the Maine Attraction Water Ski Team (25 yrs)

## Recreation: Just for the Fun of It!

