DO recycle

PAPER
• All clean cardboard, paperboard, & pizza boxes (NO FOOD)
• Newspaper & inserts
• Magazines
• Mail & catalogs
• Paper bags
• Office paper, envelopes, & window envelopes
• Wrapping paper
• Phone books
• Books
• Paper plates (clean)
• Milk & juice cartons
• Drink boxes & aseptic containers
• Shredded paper (put in clear plastic bags)

PLASTIC
• Water bottles
• Milk jugs
• Detergent bottles
• All rigid containers marked #1-7 (except Styrofoam)

METAL
• Tin cans
• Aerosol cans (empty)
• Aluminum cans & foil
• Pots & pans

GLASS (all colors)
• All glass bottles & jars

All rigid containers must be EMPTY (not perfectly clean)

DON’T recycle

NO PLASTIC BAGS!

Plastic bags & wrap:
• Trash & shopping bags (empty or full)
• Plastic wrap or film
• Bubble wrap or mailers
• Tyvek or plastic envelopes
• Bread bags
• Potato chip & snack bags
• Sandwich baggies
• Animal food bags
• Frozen vegetable bags
• Pellet bags
• Newspaper bags
• Boat wrap or tarps
Styrofoam (even if it’s #6)
Paper towels, napkins, or tissue
Needles & sharps
Large metal parts (car, boat, truck, etc.)
Gas tanks (propane, helium, oxygen, etc.)
Wood & lumber
Pipes (metal or plastic)
Clothing & shoes
Bedding & pillows
Batteries:
• alkaline
• button-cell
• rechargeable & lithium-ion
Light bulbs (any type)
Garden hoses
Diapers (baby or adult)
Food or plants (compost these)
Kitty litter
Knives & blades
Toys
Vinyl siding
Wax-coated paper & boxes
Rope, string, chain

PLASTIC
• Water bottles
• Milk jugs
• Detergent bottles
• All rigid containers marked #1-7 (except Styrofoam)

METAL
• Tin cans
• Aerosol cans (empty)
• Aluminum cans & foil
• Pots & pans

GLASS (all colors)
• All glass bottles & jars

All rigid containers must be EMPTY (not perfectly clean)

This is not a complete list! Search more than 1,000 items at ecomaine.org/101

Learn more at ecomaine.org/101 or call 207-523-3100

ecomaine’s THREE RULES OF PLASTIC RECYCLING

1. It must be rigid plastic - nothing that can be crumpled
2. It must be a container - like a bottle, jug, or box
3. It must have a #1-7 recycling symbol

No clothing or linens
Use donation programs

No “tanglers”
No cords, electronics, hoses, ropes, etc.

No hazardous waste
No explosives - No sharps

No food or liquid
Empty all containers

Questions? Look up more than 1,000 items on ecomaine’s FREE Recyclopedia app! www.ecomaine.org/101

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